



# DHHS

Department of  
Health &  
Human Services

**Together, creating healthy communities.**

county.milwaukee.gov/DHHS | 1220 W. Vliet St., Milwaukee, WI 53205 | Mary Jo Meyers, Director

Dear Milwaukee County Resident;

The current events we are going through are hard. This pandemic is reshaping how we do things and what we need for support. This note is to let you know that support is only a phone call away.

The Milwaukee County Crisis Line is available at 414-257-7222 and we offer a listening ear, a team to come to you when you are in crisis, and ongoing emotional support.

Much has changed, and in such a short time. Kids are home from school, unemployment is rising, family and friends may be sick - this all can add to the stress you are experiencing. Sometimes stressors may lead to feeling hopeless and even having thoughts of suicide.

**You do not have to be alone with your thoughts. Please call us at 414-257-7222.**

Below are some ideas and resources to help you and your loved ones feel safe:

- Gunlocks are vital for reducing gun violence, including suicide, and this is especially important when people feel overwhelmed and helpless. Please call us if you would like a gunlock brought to your home or let you know where to pick one up.
- Be sure medications (both prescription and over the counter) are out of the reach of children and others who may be at risk of ingesting them, such as in a locked container.
- Families in need of support for children who are experiencing stress can contact Children's Mobile Crisis at (414) 257-7621. Referrals to supportive ongoing family programming are also available.
- Adults who are in need of longer term mental health support can also be referred to such programming through the crisis team.

**You deserve support, and we want to be that for you. Be well. Be supported. Feel like you.**

Give us a call,

Crisis Team Member

414-257-7222